

# BODY BEAUTY THERAPY LINE

— for men & women —

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# WELCOME TO BODYLINE BEAUTY THERAPY

Bodyline Beauty Therapy was established in May 2000 by owner Debbie Osborn. Debbie and her team of highly skilled therapists will go beyond the call of duty to provide clients with an atmosphere of relaxation and a first class service not only the first time, but every time.

We aim to combine excellent treatments carried out in a relaxing environment by the best therapists using the best products. We believe treatments should focus on the inner beauty as well as outer and leave you feeling rejuvenated and ready to face the world again! We believe that it's the little things that make the difference and so if we can do anything to improve your experience at Bodyline Beauty we will. Just ask!

We offer a stunning complement of therapeutic and rejuvenating face and body care spa treatments from top European skin care house Germaine de Capuccini, nail and foot treatments from Shellac to Callus Peel and Nailtiques, tanning from Fake Bake and St Tropez and also the aesthetic beauty treatments such as lashes, brows, waxing, electrolysis and more.

If you are looking for pure indulgence and total relaxation from your spa treatments in Alton, we at Bodyline can provide you with a haven where you will find the most incredible unique sensations, where the mind, body and spirit converge to feel an unforgettable and deeply pleasurable experience.

Our team of experienced and highly qualified therapists will be happy to put together a treatment package designed specifically for your needs.

We are delighted to provide you with simply the very best available!



# FACIALS

## GERMAINE DE CAPUCCINI SKINCARE

The successful combination of natural vitamins and plant extracts, teamed with cutting edge technology has enabled the company to bring some of the most influential skin care products and professional spa therapies the beauty industry has ever seen.

### MINI FACIAL

A wonderful introduction to facials. Your skin will be cleansed, exfoliated and rejuvenated. Suitable for all skin types.

Appointment time: 30 mins - £35

### GLYCOURE RENEWING PEEL

An advanced exfoliation peel to eliminate dead skin cells, detoxify the dermis and reduce congestion. Formulated with Alpha Hydroxy Acids (AHAs), wrinkles and pigmentation are reduced and the skin is left more balanced and hydrated, enhancing the effects of subsequent treatments.

Appointment time: 30 mins - £35

£10 added on to any facial

### GALVANIC FACIAL TREATMENT

A Galvanic facial treatment which penetrates into the epidermis to thoroughly deep cleanse your skin. It helps to remove congestion and impurities, minimises large pores and rejuvenates your skin leaving you with a clarified complexion and a radiant glow. Great for all skin types, especially oily and congested.

Appointment time: 45 mins - £40

£10 added on to any facial

### KIREI LIFTING FACIAL MASSAGE

This ancient Japanese massage helps to lift and firm the skin, reduce toxins and improve fine lines and wrinkles.

Appointment time: 40 mins - £40

£10 added on to any facial

### ROLL AND LIFT

An extraordinary facial massage providing outstanding and immediate lifting and firming results, while also eliminating the appearance of tiredness and preventing premature ageing.

£10 added to any facial

Or Cleanse, 20 min Roll and Lift and Moisturise: 30 mins - £35

### TIMEXPERT RIDES COLLAGEN BOOST EYES

Express eye treatment to reduce puffiness and wrinkles. Utilising our exclusive Micro-Dermoxine Complex® and Azarole Buds, results are seen immediately after this 30 minute flash treatment. Lines and wrinkles are filled in and puffiness is reduced, rejuvenating the eye contour. In just a single session, 87% of clients have reduced wrinkles\*, increasing to 100% after a course of 4\*\*.

\*Self-assessment test on 67 individuals after 1 treatment

\*\*Self-assessment test on 15 individuals after 4 treatments

Appointment time: 30 mins - £35

£15 added to any facial

### PRESCRIPTIVE SPA FACIAL

A 5\* approach to the perfect therapy for your skin. Our skilled team of therapists will provide you with a most prescriptive treatment designed especially for your skin's needs.

Regardless of your skin type, age or concerns, this facial will specifically cater to your skins' needs. Includes a highly relaxing lymphatic drainage facial massage, together with a scalp massage, leaving your skin fresh, clear and radiant.

Appointment time: 1 hr - £55

### SO DELICATE SENSITIVE SKIN CORRECTOR

Natural plant facial to calm and correct sensitivity

A blend of natural plant extracts and oils combine with exclusive technologies to restore the stratum corneum; the outermost layer of the skin which creates sensitivity when damaged. The natural defence mechanisms of the skin cells are stimulated, increasing the skin's tolerance level and providing a comforting and soothing sensation. After 3 sessions, 95.5% of clients report more comfortable and calmed skin\*.

\*Self-assessment test on 22 individuals exclusively with sensitive skin after 3 treatments

Appointment time: 1 hr - £55

### DIAMOND PEEL DERMABRASION TREATMENT

Introducing the newest craze to hit Hollywood - diamond peel microdermabrasion. The diamond peel machine uses diamond encrusted heads to treat lines, wrinkles, dull dehydrated and sun damaged skin. The treatment increases new collagen and elastin formation to rejuvenate and firm the skin of the face, neck and body. Results are visible immediately but a course of treatments is recommended for maximum effect.

Skin Smoothie: 30 mins - £40

Super Skin Smoothie: 1 hr - £60



## LUXURY FACIALS

### COLLAGEN

A superb anti-ageing facial using pure collagen to revitalise the skin, increase elastin and leave your skin fully nourished and looking more youthful. A stunning anti-ageing massage and scalp massage is included. Appointment time: 1 hr - £65

### TIMEXPERT C+ ANTI-GLYCATION

Illuminating facial to combat the first signs of ageing. An advanced anti-glycation facial utilising the benefits of Ume extract to fight against the damage to elastin and collagen fibres caused by sugar and UV radiation. Additional Vitamin C derivative provides a powerful antioxidant, protector and firmer, offering the skin a fresh, healthy glow. In just one session, 97% of clients declare their skin is smoother, more radiant and healthy\*.

\*Self-assessment test on 123 individuals after 1 treatment

Appointment time: 1 hr 15 mins - £65

### HYDRACURE INTENSE HYDRATION

A Deeply hydrating facial for dehydrated skin. After just 1 treatment, 100% of clients have more hydrated skin\*. This is achieved through our unique “Hydractive” blend of ingredients including Hyaluronic acid and natural spring water from the Izumo Yumura thermal spring in Japan. Your skin is provided with the natural healing ability to retain moisture.

\*Self-assessment test on 101 individuals after 1 treatment

Appointment time: 1 hr 15 mins - £68

### EXCEL THERAPY O2 CITYPROOF

Oxygenating anti-pollution facial for suffocated skin. Two revolutionary masks work to repair and defend the skin against pollution damage and external stress. Our oxygenating bubble mask releases pure Oxygen into dermal layers of the skin. A second mask uses Dual Matrix technology to activate the skin's immune system increasing its defence capability. This therapy also includes a highly relaxing, lymphatic facial massage to de-stress and detoxify the skin. 99% have more oxygenated with more vitality and luminosity

\*Self-assessment test carried out on 200 volunteers between 24 and 72 years of age.

Appointment time: 1 hr 15 mins - £72

### ROYAL ELIXIR DE-STRESS

Strengthening facial for stressed skin. Packed with anti-oxidants and essential nutrients, our Royal Elixir facial is ideal for tired and stressed skin. The skin regains its strength and natural immunity against daily aggressions. 97% of clients claim their skin is left more smooth, radiant and with a healthy appearance\*.

\*Self-assessment test on 30 individuals after 1 treatment

Appointment time: 1 hr - £60

### GLYCO-COLLAGEN INTENSE

A high tech, anti-ageing skin rejuvenation treatment which works at the deepest level to renew and revitalise. Excellent for dull, tired and dehydrated skins.

Appointment time: 1 hr 15 mins - £72

## ADVANCED FACIALS

### TIMEXPERT

A truly innovative and powerful anti-ageing line that helps the skin recover its youthfulness. Using the very latest technology, Germaine de Capuccini offers three very specific therapies, all of which provide instant results.

Appointment time: 1 hr 15 mins - £75

### TIMEXPERT RIDES COLLAGEN BOOST

Advanced facial to reduce expression lines & wrinkles. Our exclusive Micro-Dermoxine Complex® and Pro-Collagestine Fill technology combine to neutralise and inhibit micro-tensions whilst increasing natural collagen and elastin production. 98% of our clients declared their wrinkles were reduced.\* Course of 5 treatments recommended.

\*Self-assessment test on 41 individuals after 4 treatments

### TIMEXPERT LIFT & CONTOUR

The ultimate facial to lift & re-define the facial features. At the heart of this treatment lies our unique and exclusive complex, V-Matrix. With flaccidity in the skin beginning in the deepest layers, V-matrix works at the root of the problem to rebuild and restructure the dermis, transforming the skin from the inside out. 100% of clients have a more defined facial contour after a single session\*.

\*Self-assessment test on 111 individuals after 1 treatment

### TIMEXPERT WHITE ANTI-PIGMENTATION

The perfect anti-ageing solution for skin with pigmentation, and/or uneven skin tone. Working with powerful ingredients from plant and vitamin origin, this treatment includes a Glycolic Facial Peel and works to prevent and correct the melanin synthesis process.

### TIMEXPERT SRNS GLOBAL ANTI-AGE ON

Anti-ageing face & eye treatment based on epigenetics. Every day, thousands of our cells are damaged by lifestyle and environmental aggressions. Over time, the gene structure within these cells becomes unable to repair itself and stops producing essential proteins that naturally slow down the ageing process. Global Anti-age reactivates these dormant genes and boosts cellular regeneration using “Epigenol” and “Zinc-Glycine Complex”. A powerful all-round anti-ageing treatment that provides firming, wrinkle reduction, revitalisation, improved pigmentation and hydration. 99% of clients have firmer, more supple and nourished skin after a single session\*.

\*Self-assessment test on 173 individuals after 1 treatment



## TOTAL INDULGENCE MASSAGE & HOLISTIC THERAPIES

### KIREI LIFTING FACIAL MASSAGE

This ancient Japanese massage helps to lift and firm the skin, reduces toxins and improves fine lines and wrinkles.

Appointment time: 40 mins - £40

### SWEDISH AROMATIC MASSAGE

This relaxing massage uses aromatherapy oils offering benefits to both the body and spirit. With the flexibility to adapt the massage to your requirements it easily relaxes and removes the stresses of modern day life.

Full Body: 1 hr - £45

Back, Neck and Shoulder: 40 mins - £37

Back, Neck and Shoulder: 30 mins - £30

Foot and Leg: 30 mins - £30

Relaxing Scalp Massage: 15 mins - £15

### MEDITERRANEAN CANDLE MASSAGE

A warming full body massage. Choose one of our Mediterranean inspired massage candles; Lavender, Olive or Citrus which will be burned while you enjoy a relaxing pinda massage. The warm oil from the candle is then poured over the body for a prolonged body massage, using deep and soothing movements. This indulgent massage will ease tension whilst natural antioxidants will hydrate and nourish the skin.

Full Body: 1 hr - £55

Back, Neck and Shoulder: 40 mins - £43

Back, Neck and Shoulder: 30 mins - £35

Foot and Leg: 30 mins - £35

### PHYTOCARE BAOBAB RITUAL

An energising full body massage & exfoliation. Using ethically sourced Baobab seed oil, this African-inspired full body massage promises an invigorating, stress-reducing experience. The blend of natural oils provides anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity, making it the ideal pregnancy body treatment.

Appointment time: 1 hr 15 mins - £65

### CRYSTAL HARMONY

An exquisite massage medium containing extracts of Diamond, Rhodocrosite and Malachite is combined with a gentle exfoliation powder enriched with Amethyst, Sapphire and Ruby producing a luxurious mousse that renews the skin and energises the body. A collection of semi-precious minerals, whose chromatic tone corresponds with 7 chakra points on the body are used for a highly relaxing holistic massage.

Appointment time: 1 hr - £65

### RELAXING BACK TREATMENT

Back exfoliation followed by a 30 minute relaxation massage. A facial treatment for your back designed to freshen, invigorate and deeply cleanse. A wonderful massage and skin treatment in one.

Appointment time: 40 mins - £45

### INDIAN HEAD MASSAGE

This wonderful holistic treatment relieves stress and tension which causes migraines and eye strain. It also aids concentration and unblocks the meridian lines in your body to release energy and a feeling of well being.

Appointment time: 40 mins - £37

### PREGNANCY MASSAGE

A relaxing, de-stressing massage to sooth you through your pregnancy. Pregnancy Massage can also aid in reducing sciatica, pelvic discomfort and upper and lower back tension. This treatment can be received from 14 weeks right up to the end of your pregnancy.

Appointment time: 1 hr - £50

### TRADITIONAL EAR CANDLE TREATMENT

A soothing and relaxing treatment for the ears. A cylinder is gently placed in the ear and lit the opposite end to create a slow vacuum, which removes old ear wax and toxins, relieves pressure, wax build up and inner ear blockage.

Appointment time: 30 mins - £30

Add lymph drainage massage on face & scalp:  
45 mins - £35



## BODY TREATMENTS AND WRAPS

### FULL BODY EXFOLIATION & MOISTURISE

An invigorating scrub that will remove excess dead skin cells leaving your body feeling wonderfully silky and smooth.

Appointment time: 30 mins - £37

### UNIVERSAL CONTOUR WRAP EXPRESS BODY WRAP

Our express body wrap is designed to target specific areas of the body. It helps to tone, firm, tighten and slim your chosen area.

As these treatments are partial we don't offer out inch loss guarantee as with the full body wrap, however inch loss is likely.

- Anti cellulite thigh wrap
- Lifting bust wrap
- Firming arm wrap
- Toning tummy wrap
- Sculpting buttock wrap

Appointment time: 45 mins - £35

(wrap is on body for 30 minutes)

Additional areas: £10 each

## TANNING

### SPRAY TAN - FAKE BAKE

Fake Bake Spray Tans are available to suit all skin tones, from a light, sun-kissed glow, to a deep bronzed tan. Lasts approx 7 days.

We have two options for your tan.

Original - develops within 7 hours.

60 minute - develops within 1-3 hours depending on your desired colour.

Full body: £30

Purchase a course of 5 tans and get 6th free!

Tanning parties, available in salon, or at your home:

5 or more people: £20 each

3 or more people: £25 each

Please wear loose dark clothing and sandals.

For original do not shower for 7 hours.

For 60 minute do not shower for 1-3 hours after application.

## HAIR REMOVAL

### ELECTROLYSIS

The permanent removal of facial and body hair using disposable sterile needles. Free consultation.

Appointment time: 15 mins (minimum) - £18

Appointment time: 20 mins - £22

Appointment time: 30 mins - £27

For removal of hairs from moles, a note from your Dr is required.

### WAXING

A temporary yet effective form of hair removal using warm wax.

Bikini line wax: £13

Brazilian bikini wax (strip 2 finger width): £22

Extreme brazilian (Brazilian including bottom): £28

Hollywood wax (everything): £33

Under arm wax: £13

Bikini and under arm wax: £23

Forearm wax: £16

Brow shape: £11.50

Lip, chin or sides of face: £8

Lip and chin wax: £12

Lip, chin and brow: £20

'Bits and bobs' from: £9

(Belly-patches of hair on legs)

Half leg wax: £20

Half leg and bikini wax: £26

Half leg and brazilian: £33

Half leg and extreme brazilian: £36

Half leg and hollywood: £40

Half leg and under arm wax: £26

Half leg bikini and underarm wax: £33

3/4 Leg: £25

Full leg wax: £29

Full leg and bikini wax: £37

Full leg and underarm: £37

Full leg and brazilian: £40

Full leg and extreme brazilian: £42

Full leg and hollywood: £48

Full leg, bikini and underarm wax: £43



## HANDS

### **NAILTIQUES DELUXE MANICURE AND POLISH**

A therapeutic manicure using specialist products and proteins for your particular nail problems. Includes a luxury paraffin wax heat treatment and polish.

Appointment time: 1 hr 15 mins - £40

Without polish: 1 hr - £35

### **NAILTIQUES FULL MANICURE AND POLISH**

Nail shape, cuticle tidy, exfoliation, hand and arm massage and polish.

Appointment time: 55 mins - £30

Without polish: 45 mins - £24

### **NAILTIQUES MINI MANICURE AND POLISH**

Nail tidy, cuticle work and polish.

Appointment time: 30 mins - £25

Without polish: 20 mins - £20

### **NAIL SHAPE AND POLISH**

Appointment time: 20 mins - £18

### **RE-VARNISH**

Appointment time 15 mins - £15

### **PARAFFIN WAX**

An excellent treatment for nourishing dry skin.

Appointment time: 20 mins - £20

Add Paraffin wax treatment to any hand treatment - £8.00

### **SHELLAC 14 DAY MANICURE**

Shellac combines polish with gel to give you amazing nails with no drying time, mirror finish and 14 day wear.

Appointment time: 45 mins - £30

Shellac with hard gel underlay (Protects weaker nails) - £35

Removal of Shellac: 15 mins - £15

Removal with Mini Manicure: 30 mins - £24

Removal of shellac not applied by us may include extra charge.

### **MINX NAILS**

Extend fashion to your finger tips with minx nail designs, worn by Beyonce, Rhianna and Katy Perry. Minx are designs and metallic's made of thin film which are heated gently and applied to your nail.

Appointment time: 30 mins - £30

Minx Removal and Mini Manicure: 20 mins - £21

### **ADD ON TO ANY MANICURE**

1 Extension: £6

1 Nail Repair: £5

### **SMALL CLEAR/COLOURED GEMS**

#### **OR TRANSFERS**

1 Gem or Transfer: 50p

Swarovski Nail: £5 per nail

Many designs of nail art available - please ask.

## FEET

### **DELUXE PEDICURE WITH POLISH**

Relaxing foot spa, nail shape, cuticle work, hard skin removal, exfoliation, foot and leg massage, nourishing paraffin wax treatment and polish.

Appointment time: 1 hr 15 mins - £45.00

Without polish: 1 hr - £37

### **PEDICURE WITH POLISH**

A great "vim" for your feet and legs including a soothing soak in a foot spa, the removal of hard skin, cuticle work, foot and leg massage and polish.

Appointment time: 1 hr - £34.50

Without polish: 50 mins - £30

### **MINI PEDICURE AND POLISH**

File, cuticle work, hard skin removal and polish.

Appointment time: 40 mins - £30

Without polish: 30 mins - £25

### **SHAPE AND POLISH**

20 mins - £18

### **REVERNISH**

£15

### **TOE NAIL CUT AND FILE**

£10

**Don't forget your open toe shoes!**

(Rubber flip flops available to purchase for £3.00)

### **SHELLAC PEDICURE**

Shellac combines polish with gel to give you amazing nails with no drying time, mirror finish and 14 day wear.

Appointment time: 1 hr 15 mins - £47.50

Shellac mini pedicure: 45 mins - £40

Application of Shellac without pedicure: 30 mins - £30

### **MINX PEDICURES**

Extend fashion to your toes with minx nail designs, worn by Beyonce, Rhianna and Katy Perry. Minx are designs and metallic's made of thin film which are heated gently and applied to your nail.

Appointment time: 1 hr 30 mins - £47.50

Minx mini pedicure: 45 mins - £40

Application of Minx without pedicure: 30 mins - £30

### **CALLUS PEEL**

A treatment to eliminate hard skin and calluses from the bottom of the foot, deeply softening the skin. The treatment involves a skin softener patch which is wrapped around the hard skin area. A special skin scraper is then used to peel off the dead skin and polish the remaining keratin. The treatment is completed with a highly effective deep conditioning foot cream.

Heel area: 30 mins - £24 | Full foot: 30 mins - £30

As an add on to any other pedicure treatment:

Heel area: 15 mins - £10 | Full foot: 15 mins - £15

## LASHES, BROWS & MAKE UP

### EYE TREATMENTS\*

Eye Brow Shape: £11

Eye Lash Tint (patch test essential 24hrs prior): £16

Eye Brow Tint: £8

Lash Tint and Brow Tint or Tidy: £22

Eye Brow Tidy and Tint: £16

### EYELASH PERMING\*

A fantastic treatment which semi permanently curls your eyelashes, enhancing the appearance of your eyes and really giving you an open eye look! Last 4-6 weeks. (Patch test required 48 hours prior to treatment).

Eyelash Perm: £30

Eyelash Perm with Tint: £40

### EYELASH LIFT\*

A treatment that lifts your lashes and increases their length and volume (includes lash tint).

Appointment time: 1 hr 15 mins - £41

### TEMPORARY STRIP LASHES

Own lashes but applied by us: £10

Lashes provided from the salon and applied by us: £15

### PROFESSIONAL EYELASH EXTENSIONS – LASH PERFECT\*

Lash Perfect eyelash extensions are semi-permanent lasting up to 8-12 weeks with regular maintenance. They provide thickness and length to natural eyelashes enhancing the charm and appeal of your eyes. Recommended maintenance every 3-4 weeks.

Full Set: £75

Half Set: £40

15 min Maintenance: £15

30 min Maintenance: £28

Removal of lashes: 15-30 mins - £15-20

### CLUSTER LASHES - £30

### MAKE-UP - BARE MINERALS

100% mineral base with no additives and zero irritants.

Only silky weightless bare minerals provide flawless coverage that looks and feels like you're not wearing any make-up at all. Retail products available.

Day or evening make-up: £37

Make-up lesson: £45

Wedding make-up with previous trial session

(in salon): £66

Wedding make-up home visit and trial (in salon): £94

Wedding make-up home visit without trial: £58

Extra make-up(s) on the day ie. bridesmaids, mums (home visit): £33

Wedding make-up on a Sunday at your home

or wedding venue: £77

Wedding make-up on a Sunday in salon: £55

Wedding make-up home visit on a Sunday & trial in salon: £115

Home visits further than a 3 mile radius will incur the cost of travel.

## SEMI PERMANENT MAKEUP

### MICROBLADING\*

Microblading is ideal for anyone wanting to enhance the look of their eyebrows. The results are natural looking, hairlike strokes, regardless of the amount of hair present. Pigment is carefully applied in the top layer of the skin using a precision hand tool mimicking the appearance of real hairs.

It is crucial to have a touch up done after 6 weeks to ensure the skin retains the pigment.

The results can last anywhere from 12-18 months, depending on skin type. A brow boost is recommended once a year to retain the shape and saturation of pigment.

Microblade: £300

Microblade with Shading: £350 (includes two sessions)

Brow boost every 12-18 months

Microblading: £150

Microblading and shading: £200

\*Please note, you must have your second treatment session within two months of your first treatment. If any further sessions are required then there will be a charge of £50 to be used within three months of your first treatment.

(50% non refundable deposit required when booking)

\*Patch test required for Lash tint/ brow tint/ lash perm or lift/lash extensions/ microblading at least 24hours prior to treatment.





Cryopen is an advanced cryotherapy innovation that is fast, effective, safe and a new solution for the removal of skin in-perfections. Procedures typically last 5-30 seconds.

The Cryopen emits a fine jet of nitrous oxide under high pressure which allows us to work within millimeter precision. This destroys the tissue by freezing the intercellular fluid, forming ice shards and crystals which rupture the membrane and thereby destroying the cell. This means there will be no collated damage to healthy tissue.

### SKIN TAGS

1mm: £10	2mm: £20
3mm: £60	4mm: £80
5mm: £100	6mm: £120

### WARTS

1mm (above skin): £40
2mm: £80
3mm: £120

### VERRUCAE

From £40-£120 depending on size

### PIGMENTATION

1-5 areas of a 5p size: £50

### MILIA AND CHERRY AGIOMA

1-5mm: £50 (extra £20 for 2mm or bigger)

### RED VEIN REMOVAL

This treatment is highly specialised and can treat thread veins found on the face (not suitable for leg veins). Also treats spider naevi and red spots. We use diathermy electrolysis which cauterizes and destroys the veins.

Consultation and Patch Test - important: £13

First Treatment and Homecare Product: £47

Subsequent Treatments:

10 mins: £40

20 mins: £45

### ELECTROLYSIS/DIATHERMY

#### SKIN TAG, WART & VERRUCA REMOVAL

1-5 skin tags: £30

5-10 skin tags: £45

Warts and verrucae (may require 2-3 sessions): £30

### MILIA REMOVAL

Milia are the small, hard white lumps that we sometimes get around our eye and cheek area.

Removal of Milia: From £10

### EAR PIERCING

Using "Caress" an approved sterilised system including homecare product. A variety of 24 carat gold and silver studs, plain or coloured stones available.

(Minimum age 8 years. Under 16s must be accompanied by Parent or Guardian.)

£20



## PAMPER PACKAGES

### SURRENDER

*Back of Body Massage & Prescriptive Spa Facial*

Your Surrender experience commences with an aromatic massage to your back, neck, shoulders and legs. Warm towels are applied from head to toe before you enjoy a Prescriptive Spa Facial specifically for your skins needs.

Appointment time: 1 hr 45 mins - £93.50

### ESCAPE

*VIP Foot Ritual & Pure O2 Facial with Luxury Candle Back Massage*

Enjoy your escape with us where you will be able to unwind, and allow your mind, body and spirit to regain its energy.

Your package commences with our VIP Foot Ritual, and continues with our Oxygen Therapy Facial Treatment bringing life and vitality back to your skin; complete your escape with our Luxury Candle Back Massage – simply and utterly indulgent.

Appointment time: 1 hr 45 mins - £104.50

### BRIDE TO BE

*Full Body Exfoliation, Pure O2 Facial, Manicure & Polish and Pedicure & Polish (or Shellac)*

You have chosen the dress, venue and even the cake. Now it is time for you to pamper yourself in preparation for your big day.

Appointment time: 4 hrs - £170.50

### TIME FOR TWO

*Ideal for friends, sisters, mums or husbands.*

Aromatic Swedish back massage - Relieves stress and tension in the back, neck and shoulders. Soothes tight/tense muscles.

Prescriptive spa facial - our professional therapist will analyse your skin and recommend the perfect facial for you.

Appointment time: 1 hr 30 mins - £77 per person

### BUMP-A-LICIOUS!

*VIP Foot Ritual, Heavy Legs Therapy, Prescriptive Spa Facial & Manicure & Polish (or Shellac)*

A top to toe treatment perfect for the 'Mum to be' starting with our VIP Foot Ritual, followed by a relaxing and cooling Heavy Legs Therapy to ease out the tired feeling that often occurs during pregnancy. Complete your spa experience with our Spa Facial Therapy and our Naitiques Manicure and Polish. (or Shellac)

Appointment time: 2 hrs 30 mins - £132

### FULL DAY BEAUTY PACKAGE

Prescriptive Spa Facial  
Inner Balance & Holistic Vitality  
Deluxe Pedicure and Polish (or Shellac)  
Naitiques Deluxe Manicure with Polish (or Shellac)  
Appointment time: 6 hours - £192.50  
(Including Lunch)

### HALF DAY BEAUTY PACKAGE

Prescriptive Spa Facial  
Aromatic Swedish Back Massage  
Pedicure with Polish (or Shellac)  
Manicure with Polish (or Shellac)  
Appointment time: 3 hrs 30 mins - £137.50

### CREATE YOUR OWN PACKAGE

Choose 4 of the following treatments and get 10% off the total price:

30 Minute Back, Neck and Shoulder Massage  
Shellac Manicure  
Application of Shellac on Toes  
Nail Shape and Polish  
Ear Candle Treatment  
Full Body Exfoliation  
Eye Lash Tint  
Eye Brow Tidy or Tint  
Eye Lash Lift  
Mini Facial

### HOLIDAY PACKAGE

*A perfect selection of treatments to look your absolute best. Your holiday starts now.*

Manicure with Polish (or Shellac)  
Pedicure with Polish (or Shellac)  
Eye Lash Tint\* - Enhances and darkens the lashes (great for swimming and sports, no more panda eyes)  
Eye Brow Tidy  
Appointment time: 2 hrs 45 mins - £93.50

\*A patch test is required 24 hrs prior to lash tinting.



## MEN'S TREATMENTS

### MEN'S MINI FACIAL

A wonderful introduction to facials. Your skin will be cleansed, exfoliated and rejuvenated. Suitable for all skin types.  
Appointment time: 30 mins - £35

### MEN'S SPA FACIAL

A 5\* approach to the perfect therapy for your skin. Our skilled team of therapists will provide you with a most prescriptive treatment designed especially for your skin's needs. Includes a highly relaxing lymphatic drainage facial massage, together with a scalp massage, leaving your skin fresh, clear and radiant.  
Appointment time: 1 hr - £55

### MEN'S DIAMOND PEEL FACIAL

Introducing the newest craze to hit Hollywood - diamond peel microdermabrasion. The diamond peel machine uses diamond encrusted heads to treat lines, wrinkles, dull dehydrated and sun damaged skin. The treatment increases new collagen and elastin formation to rejuvenate and firm the skin of the face, neck and body. Results are visible immediately but a course of treatments is recommended for maximum effect.  
Skin Smoothie: 30 mins - £40  
Super Skin Smoothie: 1 hr - £60

### HIGH PERFORMANCE FOR MEN FACIAL

The most advanced re-energising and detoxifying professional treatment against the effects of skin fatigue.

- Restores the energy and vitality fatigued skin needs.
- Eliminates toxins
- Provides firmness, elasticity and luminosity.
- Fights against dryness, the appearance of wrinkles and the signs of premature skin ageing.

Appointment time: 60 mins - £70

### MENS MASSAGE

Back, Neck and Shoulder: 30 mins - £30  
Back, Neck and Shoulder: 40 mins - £40  
Full Body: 60 mins - £50

### MENS INDIAN HEAD MASSAGE

Appointment time: 40 mins - £37

### MEN'S TRADITIONAL EAR CANDLE TREATMENT

A soothing and relaxing treatment for the ears. A cylinder is gently placed in the ear and lit the opposite end to create a slow vacuum, which removes old ear wax and toxins, relieves pressure, wax build up and inner ear blockage.  
Appointment time: 30 mins - £30  
With lymph drainage massage on face & scalp: 45 mins - £35

### MEN'S C+ ENERGY

Men's Mini Facial and 30 minute Back, Neck and Shoulder Massage.  
Appointment time: 1 hr 15 mins - £62

### MEN'S TOTAL DEEP CLEANSE

Diamond Peel Facial & Full Body Exfoliation.  
Appointment time: 1 hr 10 mins - £65

### MEN'S CHILL OUT PACKAGE

30 min Facial, Back Massage, Mini Pedicure and Mini Manicure.  
Appointment time: 2 hrs - £95

### MEN'S MINI MANICURE

File, cuticle tidy and nail buff.  
Appointment time: 20 mins - £20

### MEN'S FULL MANICURE

Nail file, cuticle tidy, exfoliation, hand and arm massage and nail buff.  
Appointment time: 45 mins - £24

### MEN'S MINI PEDICURE

File, cuticle tidy and hard skin removal.  
Appointment time: 30 mins - £25

### MEN'S FULL PEDICURE

Foot soak, nail tidy, cuticle tidy, hard skin removal, exfoliation, moisturise and nail buff.  
Appointment time: 50 mins - £30

### MEN'S HAIR REMOVAL

Back Wax: £26  
Chest Wax: £26  
Patches: From £12  
Brow Tidy: £10  
Half Leg Wax: £18  
Full Leg Wax: £26



## LITTLE PRINCESS

(4 - 12 YEARS) *Must be accompanied by a Parent or Guardian.*

### NAIL SHAPE AND POLISH\*

Appointment time: 15 mins - £10

### TOE NAIL SHAPE AND POLISH\*

Appointment time: 15 mins - £10

### BROW SHAPE

(11 and 12 year olds only) £7

### LITTLE PRINCESS FACIAL

A wonderful introduction for your little princess into the world of skin care. We will gently cleanse the skin and eye area then apply a gorgeous cream mask whilst soothing pads are applied to the eyes. Then your princess can choose from a relaxing hand, scalp or shoulder massage. We will finish with a moisturising cream suitable for our little ones young skin.

Appointment time: 20 mins - £20

### LITTLE PRINCESS PAMPER PARTIES

Choose either a Mini Manicure or Mini Pedicure followed by a Mini Make Over.

£20 Per Child

**Mini Manicure:** File, polish, glitter and gems.

**Mini Pedicure:** Bubbly luxurious foot spa, file, polish and glitter.

**Mini Make Over:** Eyeshadow, blusher, lipgloss and sparkle. Glitter hairspray and glitter tattoo.

## TEEN TREATMENTS

(13-16 YEARS)

### NAIL SHAPE AND POLISH\*

Appointment time: 15 mins - £12

### SHELLAC MANICURE\*\*

Appointment time: 40 mins - £25

### MINI MANICURE WITH POLISH\*

Appointment time: 20 mins - £18

Without polish: 15 mins - £12

### TOE NAIL SHAPE AND POLISH\*

Appointment time: 15 mins - £11

### MINI PEDICURE WITH POLISH\*

Appointment time: 30 mins - £23

Without polish: 20 mins - £18

### MINI FACIAL

Specially designed for the teenage skin. A full consultation is carried out prior to the treatment to analyse the skin and we advise on how to continue looking after your skin at home.

Appointment time: 30 mins - £28

### BROW SHAPE

£9

### MAKE-UP LESSON

Learn how to skilfully apply your make-up and advice on colours and shading for your age and skin tone.

Appointment time: 60 mins - £33

### MAKE-UP APPLICATION

Appointment time: 45 mins - £22

\*\* Shellac only for 15/16 Year Olds.

\*Gems and crystals to be applied on top of polish are available on request.

## TERMS & CONDITIONS

Evenings and appointments needed outside of usual opening times may be available upon request.

### COURSES

All courses must be paid in advance and used within 6 months.

### GROUPS

For wedding, hen or birthday party services please ask. We are happy to cater for groups. We can tailor the packages to your requirements. Refreshments are complimentary.

### DEPOSITS

A 50% deposit may be required for all appointments outside of the usual opening hours, for all beauty packages and microblading.

### CANCELLATIONS

If you wish to cancel any appointments, we reserve the right to charge 50% of your treatment cost if 24 hours notice is not given.

### DISCOUNTS

A 10% discount is available to Senior Citizens on Tuesdays.

A 10% discount is available for Students any day.

### OPENING HOURS

Monday closed

Tuesday 9am-5pm

Wednesday 9am-8pm

Thursday 9am-8pm

Friday 9am-6pm

Saturday 9am-5pm

Sunday closed



We're supporting



Nqomi House  
& Jacksplace

hospices for children  
and young adults

Charity registration no. 1002832



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Web: [www.bodylinebeautytherapy.co.uk](http://www.bodylinebeautytherapy.co.uk) (Online Booking Available)